

## Adult Intensive Riding Break

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### Itinerary

#### Improver Programme Day One

Arrive today and settle into your accommodation. Your first riding day will start tomorrow (or today if you arrive in time!).



#### Day Two

After breakfast you will be heading to the riding stables. This morning you will have a lunge lesson and a flatwork lesson. The lunge lesson will allow you to understand the motion of your horse and develop your initial balance preparing you for your flatwork lesson. Lunch may be taken in the form of a bar snack at the adjacent hotel. After lunch you will continue your riding with a hack along the local bridle paths.

During the remainder of the day we will organise a one hour stable Management lesson when you will learn how to care for and handle your horse safely.



#### Day Three

After breakfast in the farm house you will be enjoying the same riding plan as yesterday with a lunge lesson, a flatwork lesson and a hack as well as a stable management lesson.

### Prices



#### Package price of £335 includes –

- 2 nights B&B accommodation
- 2 lunge lesson, 2 flat lessons, 2 hacks, 2 stable management lessons



## Advanced Programme

### Day One

Arrive today and settle into your accommodation. Your first riding day will start tomorrow (or today if you can arrive in time).

### Day Two

After breakfast you will be heading to the riding stables. This morning you will have a lunge lesson and a flatwork lesson. The lunge lesson will help you to develop a stronger and deeper seat which will enable you to influence your horse with the most subtle of aids. After the lunge lesson you will have a flatwork lesson in which you will practice the skills learnt in the lunge lesson. Lunch may be taken in the form of a bar snack at the adjacent hotel. This afternoon you can choose either a jumping lesson or a dressage lesson.



### Day Three

After breakfast in the farmhouse this morning you will have another lunge lesson followed by either a jumping lesson or a dressage lesson. After time for lunch at the adjacent hotel, you will be heading out on a three hour hack to the local farm ride. For those who want to jump (and have the ability) there is a good cross country course that ranges from small log piles to BE cross country fences from intro to novice level and a water complex. Alternatively, for those who prefer four hooves on the ground you can relax and enjoy the picturesque Cheshire countryside.

## Prices

### Package price of £375 includes –

- 2 nights B&B accommodation
- 2 lunge lessons, 3 flat/jumping lessons (you choose) and one three hour hack

## What to do and where to eat

The farm house is located minutes away from the pretty town of Tarporley, with its old coaching Inns and top-quality boutique shopping. There is a host of local restaurants and pubs to choose from in Tarporley; The Swan pub has an award winning Chef, The Rising Sun is renowned for exquisite food and Cristiano's is one of the best Italian restaurants in Cheshire.

There is also plenty to do for non-riders. Chester is only 15 minutes away, so if you want to see Chester Zoo, The Rows or Cheshire Oaks you are ideally placed. The stables are a 10 minute drive away and are also

superbly located to enjoy some of the very best hacking out across Cheshire's rolling pastureland and into Delamere Forest.

There is a single supplement charge of £20 for 2 nights in the farmhouse.



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